

WHO ARE LONE WORKERS?

A lone worker is someone who:

- ✓ works by themselves without close or direct supervision
- ✓ works in isolation either all of the time or some of the time
- ✓ works without access to immediate support from colleagues or managers



Lone worker examples:

DELIVERY DRIVER ENGINEER
CLEANER CONSTRUCTION WORKER
SECURITY GUARD HOUSING OFFICER
ESTATE AGENT HEALTHCARE WORKER

The tasks completed by staff working alone do not carry increased risk. The higher risk level is a result of the increased severity should an incident occur.

Risks to consider:



Medical emergency or sudden illness

No more likely to occur when lone working, but far more severe if the person is unable to call for help



Violence, threats or abuse

Statistically, people are more likely to be attacked if they are by themselves



Driving-related incident

Without someone to keep the driver company or enforce breaks, having an accident is more likely



Theft or robbery

A single person, especially if they are suspected to be carrying valuables, is more likely to be targeted



Isolation

Working alone for prolonged periods of time can have significant impacts on a person's mental health and wellbeing

A lone worker solution cannot eliminate the risk. Nonetheless, when the user is thinking about their personal safety and with the right training, a lone worker solution can reduce the likelihood of an incident happening and potentially minimise the severity of any incident that does occur.